



KAMARAJ IAS ACADEMY
Only IAS Academy by Grandson of "Perunthalsivar Kamarajar"

India Wins Gold and Silver in Kabaddi at Asian Beach Games 2026

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India delivered a strong performance in kabaddi at the Asian Beach Games 2026, with the women's team winning gold and the men's team securing silver. The women defeated Sri Lanka in the final, while the men lost to Iran. The event is being held in Sanya, China, under the aegis of the Olympic Council of Asia.



Key Highlights: ?

Women's Team – Gold Medal:

India defeated Sri Lanka 47–31 in the final.

First gold medal for India in this edition of the Games.

Continued dominance with 6th consecutive title in women's beach kabaddi.

Men's Team – Silver Medal:

India lost to Iran 31–44 in the final.

Finished as runners-up in the competition.

Iran emerged as champions with strong performance.

Asian Beach Games:

First held in 2008 (Bali, Indonesia).

Focus on beach & coastal sports (e.g., kabaddi, sailing, beach wrestling).

2026 edition marks return after a 10-year gap (last held in 2016).

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Beach Kabaddi:

Introduced in Asian Beach Games since inception (2008).

Played on sand with smaller teams compared to traditional kabaddi.

Olympic Council of Asia:

Headquarters: Kuwait City, Kuwait

President: Joaan bin Hamad Al Thani