



KAMARAJ IAS ACADEMY
Only IAS Academy by Grandson of "Perunthalaivar Kamarajar"

India Wins Six Medals at Asian Under-23 Wrestling Championships

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India delivered an impressive performance at the Asian Under-23 Wrestling Championships held in Da Nang, Vietnam, winning a total of six medals, including one gold, two silver, and three bronze medals. Wrestler Sumit Dalal emerged as the star performer by clinching the gold medal in the Greco-Roman 63 kg category.

Key Highlights:

Sumit Dalal won the gold medal in the men's Greco-Roman 63 kg event after defeating his opponent in the final and becoming India's only gold medal winner in the Greco-Roman category at the championship. Apart from the gold medal, Indian wrestlers also secured two silver medals and three bronze medals across different weight categories, showcasing India's growing strength in international wrestling competitions.

In the men's freestyle category, Mohit Kumar won the gold medal in the 65 kg category with a dominant performance, while Chandermohan also secured gold in the 79 kg category during later bouts of the championship.

Importance of India's Performance:

India's medal-winning performance reflects the country's improving standards in wrestling, especially in Greco-Roman and freestyle events. The success at the Under-23 level is important because it strengthens India's future talent pipeline for major international competitions such as:

Asian Games

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Commonwealth Games

World Wrestling Championships

Olympic Games.

About Greco-Roman Wrestling

Greco-Roman wrestling is a style of wrestling in which athletes can use only their upper body and arms to attack opponents. Holding below the waist is not allowed. It is one of the two wrestling disciplines contested at the Olympic Games, along with freestyle wrestling.

About United World Wrestling (UWW):

United World Wrestling (UWW) is the international governing body for wrestling.

Headquarters: Corsier-sur-Vevey, Switzerland.

It governs:

Freestyle Wrestling

Greco-Roman Wrestling

Women's Wrestling.

About Asian Under-23 Wrestling Championships:

Organized annually for wrestlers below 23 years of age.

Conducted under the supervision of United World Wrestling (UWW).

Provides international exposure to young wrestlers.

Important Personalities:

President of Wrestling Federation of India (WFI): Sanjay Singh

Union Minister of Youth Affairs and Sports: Mansukh Mandaviya

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