



KAMARAJ IAS ACADEMY
Only IAS Academy by Grandson of "Perunthalsivara Kamarajar"

Norovirus Latest News

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Norovirus Surge In US: Here's Everything You Must Know

Cases of norovirus, commonly known as the "winter vomiting disease," have been rising in the United States in recent weeks.

About Norovirus

It is a common and highly contagious virus that causes inflammation in the stomach and intestines, a condition known as gastroenteritis.

It is also sometimes referred to as the 'stomach flu' or the 'winter vomiting bug'.

Norovirus outbreaks usually happen seasonally in colder months

People of all ages can get infected and sick with norovirus, which spreads very easily and quickly.

These viruses are responsible for about 90% of viral gastroenteritis outbreaks and close to 50% of cases across the world.

You can get norovirus illness many times in your life because there are many different types of noroviruses.

Transmission:

You can get norovirus from an infected person, contaminated food or water, or by touching contaminated surfaces.

Norovirus infection occurs most frequently in closed and crowded environments

People infected with norovirus are contagious from the moment they begin feeling ill to at least 3 days after recovery

Symptoms:

Symptoms may include vomiting, diarrhoea, stomach cramps, nausea, fever, and tiredness.

In extreme cases, loss of fluids could lead to dehydration.

Treatment:

Most people recover completely without treatment

No vaccines are currently available to prevent norovirus. Treatment for the infection focuses on relieving your symptoms.

It is important to maintain hydration in the acute phase.

In extreme cases, patients have to be administered rehydration fluids intravenously.

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