



**KAMARAJ IAS ACADEMY**  
Only IAS Academy by Grandson of "Perunthalsivam Kamarajar"

# PM remembers Sri Aurobindo on his Jayanti

**Published On: 16-08-2022**

Sri Aurobindo Ghose (15 August 1872 – 5 December 1950) was an Indian philosopher, yoga guru, maharishi, poet, and Indian nationalist.

He was also a journalist, editing newspapers such as Vande Mataram.

He was one of the revolutionary leader of Bengal along with Anushilan Samiti.

He was arrested in the aftermath of a number of bombings linked to his organization in a public trial where he faced charges of treason for **Alipore Conspiracy**.

At Pondicherry, Sri Aurobindo developed a **spiritual practice** he called Integral Yoga. In 1926 he founded Sri Aurobindo Ashram.

His main literary works- **The Life Divine**, which deals with the philosophical aspect of Integral Yoga, **Synthesis of Yoga** which deals with the principles and methods of Integral Yoga, and **Savitri: A Legend and a Symbol**, an epic poem.



**Kamaraj IAS Academy**

Plot A P.127, AF block, 6 th street, 11th Main Rd, Shanthi Colony, Anna Nagar, Chennai, Tamil Nadu 600040

Phone: **044 4353 9988 / 98403 94477** / Whatsapp : **09710729833**