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# ‘Sehat Mission’ Launched to Connect Agriculture, Nutrition and Public Health

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## Why in News:?

Jagat Prakash Nadda and Shivraj Singh Chouhan launched the ‘Sehat Mission’ in New Delhi to promote a healthier India by linking agriculture, nutrition, and healthcare through scientific collaboration.

## About ‘Sehat Mission’:

### Objective:

#### To create a framework for:

Healthy Food, Healthy Farms, Healthy India

To integrate:

Agriculture, Nutrition, Public Health

### Launched By:

Indian Council of Agricultural Research (ICAR)

Indian Council of Medical Research (ICMR)

### Key Focus Areas of the Mission:

#### Nutrition-Oriented Agriculture:

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### **Promotion of:**

Bio-fortified crops

Nutrient-rich food products

Traditional millets

### **Health-Focused Farming:**

Integrated farming systems

Farmer health and safety measures

### **Disease Prevention:**

#### **Dietary solutions for:**

Diabetes

Hypertension

Cancer

Focus on prevention and early healthcare.

### **One Health Approach:**

#### **Integrating:**

Human health

Animal health

Environmental health

### **Statements by Jagat Prakash Nadda:**

#### **Key Observations:**

#### **India is shifting from:**

Reactive healthcare ? Proactive healthcare

#### **Focus now includes:**

Prevention

Early detection

Continuous care

### **Importance of ICAR-ICMR Collaboration:**

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### **Marks a new era of:**

Science-based policymaking

Evidence-driven solutions

### **Main Goal:**

#### **Develop:**

Low-cost

High-quality

Scientifically validated health solutions

### **Millets and Bio-Fortified Crops:**

#### **Promoted cultivation of:**

Kodo millet

Kutki

Jowar

Ragi

Bajra

Zinc and iron-rich crop varieties

### **Significance:**

Encourages coordination between agriculture and healthcare sectors.

### **Helps address:**

Malnutrition

Lifestyle diseases

Supports nutrition security and preventive healthcare.

Promotes sustainable and healthy food systems.

### **Final Takeaway:**

The launch of the 'Sehat Mission' marks an important step towards integrating agriculture, nutrition and healthcare in India. Through collaboration between Indian Council of Agricultural Research and Indian Council of Medical Research, the mission aims to build a healthier and nutrition-secure India using science-based and preventive approaches.

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