

SMART - Scope for Mainstreaming Ayurveda Research in Teaching Professionals

Published On: 03-01-2023

Why is in news? 'SMART' program for Ayurveda professionals to boost R&D in Ayurveda in the country

The National Commission for Indian System of Medicine (NCISM) and the Central Council for Research in Ayurvedic Sciences (CCRAS), the two prominent institutions under the Ministry of Ayush, Government of India for regulating medical education and conducting scientific research respectively, have launched 'SMART' (Scope for Mainstreaming Ayurveda Research in Teaching Professionals).

The program aimed to **boost scientific research in priority healthcare research areas through Ayurveda colleges and hospitals.**

This program has the potential to transform clinical research in Ayurveda. It was observed that the research potential of the large community of Ayurveda teachers remains underutilised mostly.

Therefore, the 'SMART' program will have a deep long term rejuvenating impact on research in the field of Ayurveda and it will be a great service to the nation, I congratulate CCRAS for this initiative and ensure all support on behalf of NCISM.

The SMART initiative is conceptualised with an objective to **identify, support and promote innovative research ideas in healthcare research areas** including Osteoarthritis, Iron Deficiency Anaemia, Chronic Bronchitis, Dyslipidemia, Rheumatoid Arthritis, Obesity, Diabetes Mellitus, Psoriasis, Generalised Anxiety Disorder, Nonalcoholic fatty liver disease (NAFLD).